



# Nineteen Hundred

Boston Marathon  
Special Edition 2024



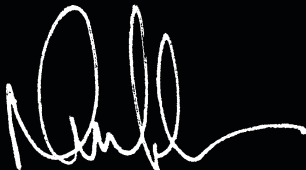
**Welcome to us!**

**There is no better time than Spring time to be in Boston - adding in the Boston Marathon makes it all the more thrilling!**

**We have long said that, while you may not remember exactly what we did for you while you were with us, we are confident that you will long remember how we made you feel when you were here – looked after and safe!**

**To that end, if there is anything we can do to make your stay more comfortable and enjoyable, we are here to help.**

**We know that there are many choices of where to stay whilst visiting our great City, we are genuinely grateful that you chose us!**

A handwritten signature in white ink, appearing to read 'Daniel Donahue', with a stylized flourish at the end.

**Daniel Donahue  
President**

# It's What's Inside That Counts

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# Your Stay

You're finally here! Now what?

You've taken care of getting here,  
now let us take care of you.

# Fine Print

The little details matter, so we've got you covered.

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## Fitness Center

Down in our lower lobby and open 24/7, our fitness center features Peletons, free-weights, treadmills, and more, so there's no excuse to skip your daily workout, although we won't tell your trainer if you do.

## WiFi

Complimentary and blazing fast, connect to the Lenox\_Guest network and boot up your web browser. This weekend, the password is run2024.

## Parking

Did you drive in? Then you already know that our incredible valets have taken care of your car. Give us a little notice before you need your vehicle so we can have it ready and waiting when you are!

## Business Center

We have a small business center, perfect for a quick stop to check your emails or print your boarding passes, right down in our lobby near the entrance to City Table.

## Laundry

Check with our front desk for our latest dry cleaning and wash & fold services.

## Coffee & Tea

Right down in our lobby outside the elevators each morning, our coffee & tea service features locally roasted coffee from Share Coffee Roasters in Hadley, MA, and whole-leaf tea from MEM Tea in Cambridge, MA.

## Where's the in-room coffee maker?

We hold ourselves to a pretty high standard, from cleanliness to service, and that applies to making your morning beverages, too. To achieve both, we've partnered with Share Coffee Roasters & MEM Tea to provide a truly cafe-level experience right in our lobby. We freshly grind & brew each batch of our Lobby Roast coffee and all of MEM's teas are whole-leaf for the best beverages around.

Take a look at nearly any of the great cafés in the area and you'll find them serving up MEM Tea, and Share Coffee is carried in high-end cafés from Western MA to NYC and beyond, plus our lobby!



# Boston Marathon Logistics

You've trained for months on end, overcome seemingly insurmountable obstacles, and now you're about to run your first or perhaps twenty-first Boston Marathon.

We're here to help make your stay and Marathon experience as seamless as possible.

# At The Lenox

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## Security

Wrist bands will be distributed on the weekend to ensure the security of our guests and the hotel. Only registered overnight guests will be allowed on property on Marathon Monday.

## Valet Parking

On Monday & Tuesday, please allow a minimum of 45 minutes for valet.

## Dining

A complimentary continental runners breakfast will be available in City Bar from 4:30AM - 6:30AM. On Monday, City Table will be serving breakfast from 7:00AM - 11:00AM. A special all-day dining menu will be offered starting at 11:30AM. All outlets will also offer pasta specials throughout the weekend.

## WiFi

The WiFi passcode for this weekend will be *run2024*.

## Photos & Marathon Sweatshirt

Be sure to stop by our pop-up photobooth in the lobby on Monday to have your picture taken with your family & loved ones! We also have some special merch this year - a Marathon exclusive Lenox sweatshirt!

# Running & Spectating

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## Getting to Hopkinton

The BAA provides bus transportation to the start of the Marathon from Charles Street between the Public Garden and Boston Common. Departure times are based on your bib number so please consult the BAA for specifics.

## Watching from The Lenox

The sidewalk on Boylston Street is closed to the public and available only to you as our guests! Being mere steps from the finish line, there's no better way to watch than right with us.

# Food + Drink

With three on-site dining options & 24/7 in-room dining, we've got something delightful & delicious for everyone.



# Dining In

Dine out without going out!

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## City Table

With two-story windows and an open concept layout, City Table serves up American and international-inspired dishes, sourcing local New England ingredients. Serving breakfast & dinner daily along with brunch on the weekends, no visit would be complete without a stop at City Table!

### Breakfast

Tue – Fri: 7am - 11am

### Brunch

Sat: 7am - 3pm

Sun: 6:30am - 3pm

### Dinner

Sun - Thurs: 4:30pm – 10pm

Fri & Sat: 4:30pm – 11pm

### Small Bites

Sat: 3:00pm – 4:30pm

## Sólás Irish Pub

A quaint neighborhood pub with modern flair, Sólás takes a modern approach to classic pub dining paired with a fun and lively atmosphere. The menu at Sólás features a rich selection of classic pub dishes with New England touches.

Daily, 11AM - 2AM

## City Bar

An approachable & chic cocktail bar, City Bar boasts a wide variety of expert infusions, unique martinis, and classic cocktails. Their dinner and late night menus include a distinctive blend of exceptional American Cuisine and modern character.

Nightly, 4PM - 2AM

## In-Room Dining

All menu items are available for dining up in your room from any of our outlets during operating hours. Some of our in-room favorites can be found on the next page, along with our late-night menu. Simply give the front desk a call to order!

24 hours/day

# In-Room Faves

Just a small sample of some of our favorite dishes to enjoy in-room!

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## City Table

### MARGHERITA FLATBREAD

fresh mozzarella, housemade marinara, torn basil

### SOFT PRETZELS

bavarian style, ipa cheddar dipping sauce

### BRAISED & GLAZED SHORT RIB

whipped celery root, brussels sprouts, jus

### REALLY GOOD SPICY BOLOGNESE

slow cooked bolognese sauce with hearty blend of spicy 'nduja & beef, local cavatelli pasta, shaved manchego & pan rustico

### GRILLED 14OZ SIRLOIN

grilled sirloin, tempura onion rings, watercress salad, whipped potatoes, bordelaise sauce

### CHOPPED SALAD

romaine lettuce, crumbled feta, sliced green olives, grilled corn, hard cooked egg, chopped bacon, tomatoes, dijon vinaigrette

### LAYERED CARROT CAKE

cream cheese frosting, walnuts & salted caramel

### LINDT CHOCOLATE MOUSSE

65% cacao, orange zest, salted caramel

## Sólás Irish Pub

### LAGER BATTERED CHICKEN TENDERS

signature sólás recipe served with ginger honey mustard

### LENOX CLUB SANDWICH

fresh roasted turkey breast, applewood smoked bacon, sliced tomato, crisp lettuce & mayo on griddled country white

### GREENS & GOAT CHEESE SALAD

Mixed greens, crispy goat cheese, red grapes, candied pecans, balsamic vinaigrette

### QUESADILLA

Grilled chicken or pulled pork, pico de gallo, guacamole & sour cream

For full menus from all of our dining outlets, scan the QR code here:





## LATE NIGHT MENU



UDI'S GLUTEN FREE BREAD AVAILABLE UPON REQUEST

### SALTED SOFT PRETZEL

SERVED WITH CHEDDAR IPA DIPPING SAUCE 12

### SÓLÁS BURGER\*

HALF POUND GROUND CHUCK, YOUR CHOICE OF CHEDDAR, SWISS, AMERICAN, OR BLEU CHEESE ON A GRILLED POTATO ROLL, SERVED WITH FRIES 18

### CLAM CHOWDER

A NEW ENGLAND CLASSIC 12

### HOUSEMADE POTATO CHIPS

THIN & CRISPY WITH SPICY DIPPING SAUCE 8

### CHICKEN AVOCADO BLT

GRILLED CHICKEN BREAST, AVOCADO MOUSSE, SMOKED BACON, LETTUCE, TOMATO & CHIPOTLE MAYO ON PARMESAN FOCACCIA, SERVED WITH FRIES 17

### GRILLED CHICKEN QUESADILLA

PICO DE GALLO, GUACAMOLE & SOUR CREAM 17

### LAGER BATTERED CHICKEN TENDERS

SIGNATURE SÓLÁS RECIPIE SERVED WITH GINGER HONEY DIPPING SAUCE 14

### BASKET OF FRIES

WITH CURRY SAUCE 12  
WITH CHEDDAR, SMOKED BACON & SCALLIONS 10

### MAC & CHEESE

MILD SPICE RICH & CREAMY HOUSEMADE CHEESE SAUCE, TOPPED WITH TOASTED KETTLE CHIP CRUMBS & SCALLIONS 17  
ADD BACON 6 | PULLED PORK 9

### GREENS & GOAT CHEESE SALAD

MIXED GREENS, CRISPY GOAT CHEESE, RED GRAPES, CANDIED PECANS, BALSAMIC VINAIGRETTE 12

## DESSERTS



### BUTTERSCOTCH PUDDING

VANILLA WHIPPED CREAM & GUINNESS SALTED CARAMEL SAUCE 9

### CHOCOLATE CAKE

THREE LAYER CAKE WITH CARAMEL SAUCE & WHIPPED CREAM 9

### GUINNESS BROWNIE

WARM CHOCOLATE BROWNIE TOPPED WITH BAILEY'S SPIKED CREAM 10

### CARROT CAKE

CREAM CHEESE FROSTING, SPICED PECANS, VANILLA ICE CREAM 9

 THESE ITEMS ARE SUGGESTIONS FOR GLUTEN SENSITIVE GUESTS. WE UNDERSTAND THAT SENSITIVITY TO GLUTEN CAN VARY AND IT'S IMPORTANT TO NOTE THAT SOLAS IS NOT A GLUTEN FREE ENVIRONMENT. WE USE SEPARATE FRYOLATOR FOR FRYING GLUTEN FREE ITEMS.

\*THESE ITEMS ARE COOKED TO ORDER AND/ OR MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF ANYONE IN YOUR PARTY HAS A FOOD ALLERGY.

By JERRY NASON  
Executive Sports Editor

Little Davie McKenzie, a five-foot, four-inch strawberry blond from far off Donollie, wearing green pants, white gloves and freckles, proved Wednesday to be the greatest pacer to come out of New Zealand since Cardigan Bay, one of the great harness horses of all time.

Mounting a classic attack upon the Japanese—who had swept the Marathon board, win, place and show, for two years—on the rain-slick Newton hills, the 120-pound printer absconded with the Boston A.A. event in 2:15:15, a 45 sec. record time.

The little fellow with the big face... a charge which... a Dem... destroyed the Japanese ambition for scoring a third straight Triple Crown in the Boston A.A.'s treasured event. They little for 7-8-58.

Laris, making a perfect race... ter dropping off with... ley Hills, was runne... American record of 2:16:48.

The 26-year-old G.E. accounting super-visor from Walnut... n rivals—one pe... revival on the... MARATHON

adies' Day? ... on Y... By CAROL... Staff Rep... ing for ladies in the B.A.A. Marath... nesday was like a dr... in Wonderland.

hey were. There... most things wor... versions of the real facts.

ere's the official version.

officials, the girls—no matter... ere or how many they were—

nted a curious dilemma when... ey, Marathon chairman, spot... ant woman runner as he rode... icial bus.

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### Woman Has Her Way

Entry No. 261 in the B.A.A., "for male athletes only," turns out to be Kathy, a fair damsel from Syracuse. Angered by the intrusion, official Jock Semple grabs an arm (top photo) as the race begins in Hopkinton. But there are boys from Syracuse in the race, too. In middle photo they move in and push Semple aside. Above, a protector helps Kathy break free as Semple loses ground. The 20-year-old college student finished the race. But officials refused to place her in the standings. (UPI)

12 Baseball Results  
AMERICAN LEAGUE  
Washington-BOSTON, PP  
New York 3, Chicago 0  
Minnesota 3, Baltimore 2  
Cleveland 4, Kansas



# Words of Wisdom from Kathrine Switzer

proposal By JEREMIAH... said South Viet-  
nam's foreign minister,  
Tran Van Do. Other diplo-  
mats privately expressed a  
similar opinion.

Meanwhile, an Associ-  
ated Press dispatch from  
Ottawa reported that  
emergency contingency  
plans are being drawn up  
for sending Canadian mili-  
tary personnel to Vietnam  
as part of any peacekeep-  
ing force that might be  
set up there.

At the same time, AP re-  
ported, spokesmen said the  
plans are for contingency  
purposes only—that is, to  
be put into effect if and  
when a need for a peace-  
keeping force in Vietnam  
is agreed upon by all con-  
cerned.

PULLBACK  
Page 3

## Adenauer Will be

From Wire Services  
BONN—Konrad Adenauer will  
be buried in a wooded village grave-  
yard in the Rhine River country he

For nearly 20 years he had  
a plot in the Rhoendorf  
cemetery, not far from his home.  
There he brought the bodies of his  
parents, an uncle, his first and sec-  
ond wives and a son who died when  
he was only five days old.

And on Tuesday, "Der Alte," the  
91-year-old grand Old Man of West  
Germany's postwar recovery and  
one of Europe's great statesmen,  
will be brought to the cemetery for  
the last time.

The nation's first postwar chan-

## Theologians Strike O

By LOUIS CASSELS  
United Press International

WASHINGTON — The en-  
tire 22-man theological faculty  
of Catholic University went  
on strike Wednesday in pro-  
test against the ouster of a  
young professor noted for his  
liberal views on birth control.

Students leaders appealed  
to all of the 6600 graduate  
and undergraduate students  
of the university to boycott  
classes beginning today.

The unprecedented actions  
were in protest to the dismis-  
sal of Rev. Charles E. Curran,  
33, assistant professor of  
moral theology who has been  
an outspoken advocate of  
changes in the church's rule  
on birth control.

under a mandate from the  
university's board of trustees,  
headed by Francis Cardinal  
Spellman.

"I have never been given  
any specific charges," the  
young priest said.

## Pope Attacks

By DAVID L. DUGAS  
United Press International

VATICAN CITY—Keeping  
to the middle of the road,  
Pope Paul VI on Wednesday  
sharply criticized both arch-  
traditionalists and far-out lib-  
erals quarreling over refer-  
ence in Roman Catholic

The solemnities  
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I had the amazing opportunity to sit down and interview Kathrine Switzer, best known as the first woman to run the Boston Marathon as a numbered entry in 1967. This monumental event helped start a revolution in women's running - both competitively and recreationally. Kathrine is now an American marathon runner, author, and television commentator, as well as founding 261 Fearless, a global non-profit organization of women.

### Taylor

So, the Boston marathon's quickly approaching. I ran my first Boston Marathon in 2018, do you have any tips for a first-time marathoner?

### Kathrine

I absolutely do have some tips for our first time participants and it's not too late. You still have a month to go here. What you really should do is if you haven't yet, you should be practicing, not uphill, but downhill. The first half of that race is more severely downhill than you can ever imagine. And the, these quads sees my muscles tighten up. So by the time you start the up hills and the second half, those are really tight and it feels like torture. So practice some downhill running, especially

coming out of Hopkinton. That's a very deep and that would be a great place to just go out there and start running down that hill. And the other thing is, is what I tell every runner as the Olympic athletes make this mistake as well, which is if you start too

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*What you really should do is if you haven't yet, you should be practicing, not up hills, but downhills. The first half of that race is more severely downhill than you can ever imagine.*

Kathrine Switzer

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fast, you're going to finish slow and it's torturous. You're going to run out of gas!

So make sure to practice those downhills, make sure you don't start too fast, keep it in check and make sure you have some gas in the tank. But you get to the top of Heartbreak Hill at 21 miles and it actually isn't as bad as they think. Heartbreak Hill is not bad at all. The hardest hill in the course is one they never even talk about is the one that's crossing the highway one and it comes and then it shakes your confidence because you say, wow, this is so bad. What about the next three and the next three you can roll into the one at 16 miles.

### Taylor

When I was training, I ran part of the course starting on Boylston and I ran backward,

it was all downhill and it's just like, oh no, how am I ever going to make it back from here? What would you suggest someone training for this year's marathon do next to better prepare themselves for this and how to avoid that feeling?

### Kathrine

OK, next one, go out to Hopkinton and then you know what you go out and, and even if it may be now too late to do a long run for you, but go out and parked at mile 14. Go to Wellesley, run from Wellesley, out Wellesley, and then up over the hill at 16 and then do another couple of hills. So do a good deal. A good five or six miles. So that'll be a really good training room for running Boston.

### Taylor

Do you think you'll ever run the Boston Marathon ever again?

### Kathrine

I'll run Boston again sometime, but not this year. The Marathon in 2017 was so spectacular and so important. My bib number was retired at the end of the race, which was really gratifying. You know, that I decided not to run this year and I probably will come back on an anniversary, it's all about confidence. But I have a wonderful team of women this year running for 261 Fearless and I'll certainly be there at the finish line to greet them!

**Taylor Marshall**  
Director of Catering





# We Survive, We Run

In February of 2005, I was 31 years old, had just gone to my first Pro Bowl, and the Patriots just won a third Super Bowl.

A day and a half after getting back from the Pro Bowl, I woke up around 4 in the morning with a severe headache and numbness on the left side of my body. At 31, you're not really thinking about stroke, but I was having classic symptoms. I didn't know that at the time, so I ignored it and went back to sleep.

When I woke up again around 10, my symptoms had progressed. There was total numbness in my left arm and leg, I had an even worse headache, and I realized that I had lost my left field of vision in both of my eyes and my wife, Heidi, called 911, and we took an ambulance to the hospital. I will never forget when my doctor put his hand on my shoulder and said, "Tedy, you've had a stroke." I was shocked. The only time I had used the word stroke was on the golf course. You associate stroke with grandparents and older populations, and you don't think it happens to the younger people. But I know better now.

And that is exactly why Heidi and I created Tedy's Team. To raise awareness of stroke and its warning signs, and to break the stigma of who can have a stroke. Tedy's Team quickly grew into an endurance training team after we secured five bibs from the Boston Athletic Association for the Boston Marathon®, as a member of their charity program. We were still focusing on raising awareness, but through our running team, Tedy's Team was able to raise life-saving funds to fight stroke and heart disease.

Fast forward to today – 19 years later – and we have raised over \$9.5 million for stroke research and education with the support of more than 1,700 participants. And, we've turned those five bibs into a team of 54! Next month, I will be watching my teammates from the sidelines as they take on the 128th Boston Marathon and I'm extremely proud of them and what they have accomplished. Each of our teammates runs either as a survivor of stroke or heart disease themselves, or to honor a loved one who's life has been impacted by stroke or heart disease. Together, they have

worked to raise over \$600,000 this year and have been putting hundreds of miles in to achieve their goal of running the Boston Marathon.

Every year, I tell my runners that Boston is the Super Bowl of marathons and it really is. I'm so proud of the work they've put in to get to where they are now, and I can't wait to see them all at our post-race party at The Lenox. Thanks to our partners at The Lenox Hotel, we are able to offer our runners and their families a place to watch them finish, and a place to meet and celebrate their amazing accomplishments.

We love The Lenox and their staff as they always help to make our team's Boston Marathon experience, top notch. The service, the food from Solas and City Table, the location – you can't beat it! We always recommend the Lenox because of how amazing they are to us! Boston here we come. Let's go!

**Tedy Bruschi**  
**New England Patriot**  
**Tedy's Team**



